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## **Muscle and Nervous and connective tissue**

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## Muscle Tissues

There are three types of muscle in animal bodies: smooth, skeletal, and cardiac. They differ by the presence or absence of striations or bands, the number and location of nuclei, whether they are voluntarily or involuntarily controlled, and their location within the body. Table 1 summarizes these differences.

### Smooth Muscle

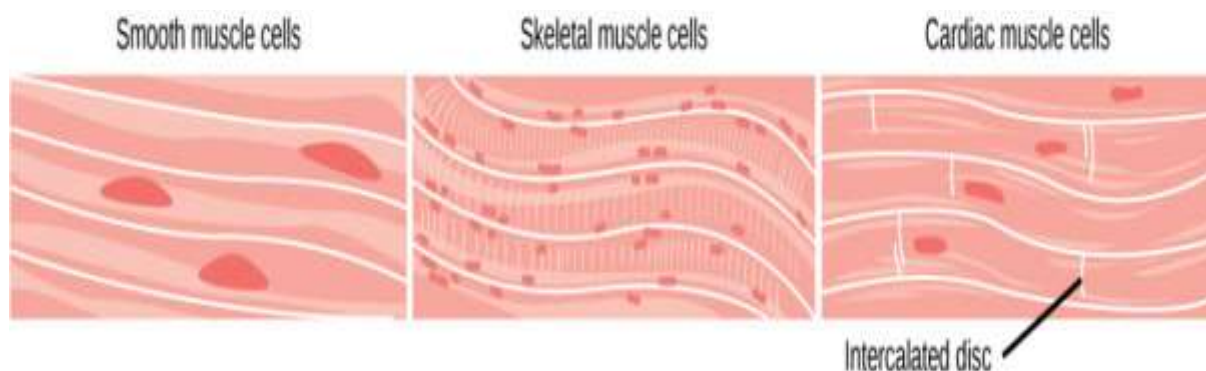
Smooth muscle does not have striations in its cells. It has a single, centrally located nucleus, as shown in Figure 1. Constriction of smooth muscle occurs under involuntary, autonomic nervous control and in response to local conditions in the tissues. Smooth muscle tissue is also called non-striated as it lacks the banded appearance of skeletal and cardiac muscle. The walls of blood vessels, the tubes of the digestive system, and the tubes of the reproductive systems are composed of mostly smooth muscle.

### Skeletal Muscle

Skeletal muscle has striations across its cells caused by the arrangement of the contractile proteins actin and myosin. These muscle cells are relatively long and have multiple nuclei along the edge of the cell. Skeletal muscle is under voluntary, somatic nervous system control and is found in the muscles that move bones. Figure 1 illustrates the histology of skeletal muscle.

### Cardiac Muscle

Cardiac muscle, shown in Figure 1, is found only in the heart. Like skeletal muscle, it has cross striations in its cells, but cardiac muscle has a single, centrally located nucleus. Cardiac muscle is not under voluntary control but can be influenced by the autonomic nervous system to speed up or slow down. An added feature to cardiac muscle cells is a line that extends along the end of the cell as it abuts the next cardiac cell in the row. This line is called an intercalated disc: it assists in passing electrical impulse efficiently from one cell to the next and maintains the strong connection between neighboring cardiac cells.



## Nervous Tissues

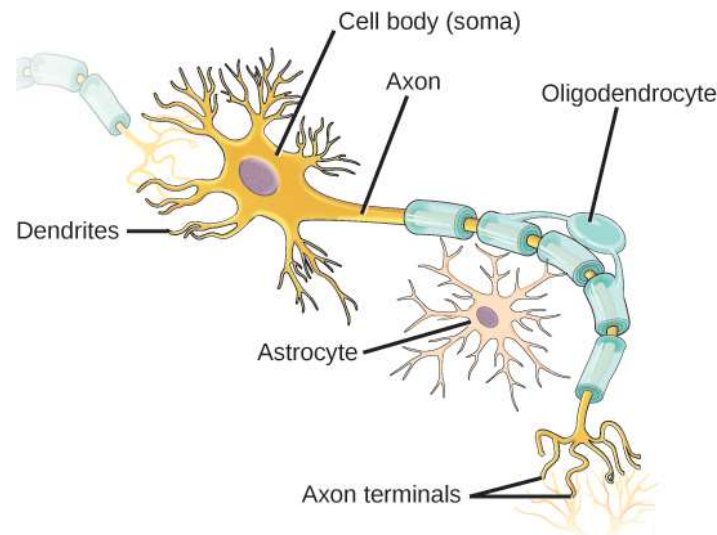


Figure 2. Diagram of a neuron

Nervous tissues are made of cells specialized to receive and transmit electrical impulses from specific areas of the body and to send them to specific locations in the body. The main cell of the nervous system is the neuron, illustrated in Figure 2.

The large structure with a central nucleus is the cell body of the neuron. Projections from the cell body are either dendrites specialized in receiving input or a single axon specialized in transmitting impulses. Some glial cells are also shown. Astrocytes regulate the chemical environment of the nerve cell, and oligodendrocytes insulate the axon so the electrical nerve impulse is transferred more efficiently. Other glial cells that are not shown support the nutritional and waste requirements of the neuron. Some of the glial cells are phagocytic and remove debris or damaged cells from the tissue. A nerve consists of neurons and glial cells.

**Bone:** is a specialised connective tissue and together with cartilage forms the strong and rigid endoskeleton.

Composed of:

Osteocytes (bone cells) found in (cavities)

Hard matrix of calcium salts

Large numbers of collagen fibers

There are two types of bone tissue: compact and spongy.

**A-compact bone:**

consists of a central canal called the osteonic (haversian) canal, which is surrounded by concentric rings (lamellae) of matrix.

compact bone that makes up the very hard outer part of the bone.

makes up 80% of the total bone mass of the adult human skeleton.

### **B-Spongy bone:**

less dense than dense bone.

includes plates (trabeculae) and supports of bone adjacent to small scattered cavities containing red bone marrow.

constitutes 20% of the surface area of the human body

Haversian canal(function) through which blood vessels extend to nourish bone cells

### **Osteocytes are divided into four types:**

1- Osteoblasts: They produce proteins and organic compounds needed for bone growth and strength.

2- Osteoclasts: Also called osteoclasts, they dissolve calcium in the bones when its concentration in the blood is low.

3- Osteocytes: are cells that produce proteins and organic substances that are involved in the synthesis of intercellular substance.

4- Osteoprogenitors are the generative cells that divide to produce cells that differentiate into osteoblasts.



compact bone

### **2-Cartilage:**

Less hard and more flexible than bone

Found in only a few places in the body

Chondrocyte (cartilage cell) is the major cell type

### **A-Hyaline cartilage:**

is the most widespread type of cartilage.

Composed of abundant collagen fibres and a rubbery matrix.

Locations: Larynx , Entire fetal skeleton prior to birth.

Functions : as a more flexible skeletal element than bone.

### **B-Elastic cartilage : (not pictured)**

Provides elasticity

Location: Supports the external ear

C-Fibrocartilage:

Highly compressible

like discs between vertebrae of the spinal column Location: Forms cushion ➤